

FALL SPORTS PREVIEW

Huskies

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word. She's first in the drills, she gets the team together, and she keeps them organized," DeArment said. "She's someone we'll rely on pretty heavily."

In addition to Shawver, DeArment is also pleased with what he's seen from his goalies, senior Haylee Fisher and sophomore Sage Heckendorn.

"They're both look really good," DeArment said of their performance during practice. "I think we have some depth at goalkeeping."

But the team's depth not only exists right in front of the net - it is spread throughout the entire field. There has been a lot of competition for starting spots

during preseason practice, and DeArment is very pleased to see that competition take place.

"I've been pleased to see that we have some depth at all positions," DeArment said. "We have some true competition for starting spots, and that's always good."

Whether the team takes the Mid-Penn's Commonwealth Division title or struggles all season is yet to be determined, but during the preseason, at least, DeArment has been heartened by what he's seen and hopes that as the season progresses his team will continuously improve.

"We look to improve every day," DeArment said. "As long as we look better tomorrow than we did yesterday, we're going in the right direction."

Tigers

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For certain, the coach expects that East Juniata will have some challenging moments.

"I'm not sure what players that the other schools in the league have lost or gained, but in my book, every team is a threat if you don't come out to play," said Goodling. "Plus, the entire District 4 always has stiff competition. I am sure Warrior Run and Loyalsock will still be the teams to beat."

Which brings up yet another aspiration of the Tigers. Last season, the team was shocked in the first round of district playoffs in double overtime. They would certainly like to make a deeper impact into the postseason.

"Yes, we want to succeed and have a winning record," Goodling said. "And as a coach, I want to see each of them grow as a player and individual. At the end of the year, we can say they are better than when they started."

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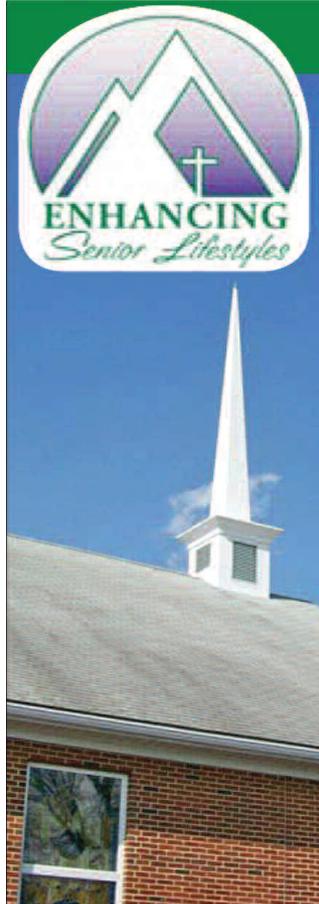
Mustangs

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Goodling has tried to instill a team-first philosophy by choosing a quote for his team on the front of their preseason packets. He selected "We are stronger together than we are alone," from NFL great Walter Payton.

Mid-West may need to be as great as the former Bears running back to bring home a championship to Middleburg this fall. Both the District 4 and Heartland Athletic Conference Division I will have quality teams vying for the titles.

"Montoursville, Danville, Lewisburg and Selinsgrove will be strong in both the conference and district playoffs. Warrior Run may also be a tough draw in districts. However, I believe our girls can complete in the HAC and for a district title," Goodling said.



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